



Internship presentation



By Stevanato Beatrice



About Me

Hi, I'm Beatrice!

I am 18 years old and I live in Massanzago, a small town in the province of Padua

SCHOOL: Lyceum of Human and Social Sciences in Castelfranco Veneto, Florence Nightingale.

MOTIVATION: I wanted to join this project to put my skills into practice, learn new things, immerse myself in a new culture and expand my knowledge. Additionally, I wanted to become a more self-sufficient person and overcome some of my fears.



Work Experience

● Name of my work place:



Oxfam Ireland, a little charity shop located in the center of Waterford

● What Oxfam do?

- Deals with selling clothes from other shops at half price so that they can be accessible even to the most needy people. Also has the sale of: jewellery, underwear, books, baby clothes, DVDs and vinyl.
- Deals with donations allowing it to contribute to solving difficult situations such as: the war in Gaza, poverty and gender equality.

● Customers:

Oxfam customers are varied. There are children, adults and even elderly people. Many go to the store not only to buy but also to donate items or objects that they don't use.

● My coworkers:

Most of my coworkers were volunteers. I was really struck by this fact because nowadays people rarely dedicate themselves to volunteering as they are too focused on thinking about themselves.

● The atmosphere:

The environment is welcoming although it needs some changes. When the manager is present the work is carried out with greater seriousness. If an employee encounters some difficulties, colleagues are always ready to help him.

● My role:

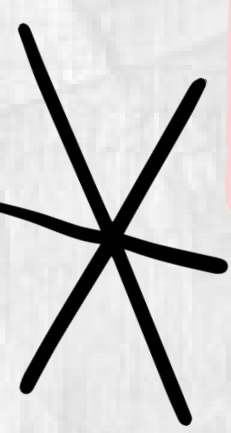
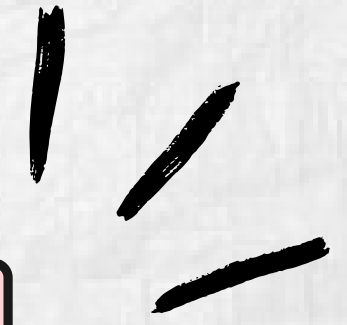
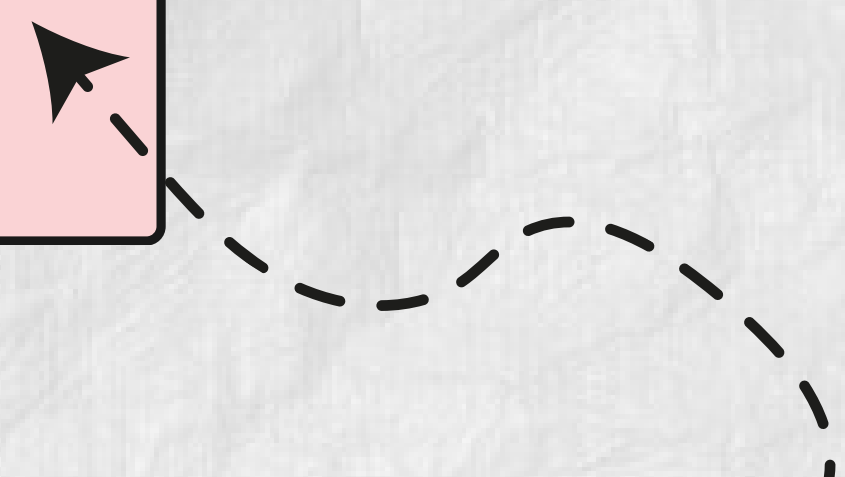
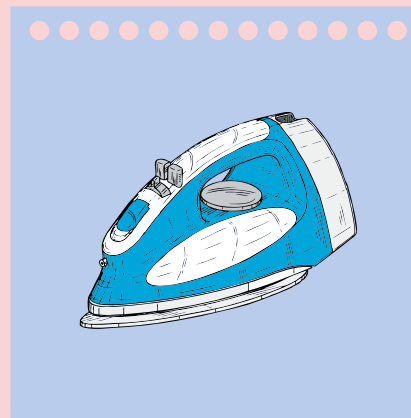
- checking that no one steals the items in the shop
- tidying up clothes and items
- cleaning the indoor space
- sticking labels on hair and jewellery accessories by writing the price; same thing for books, DVDs and vinyls.
- writing the sizes on the clothes, checking that they are in good condition and finally iron them.

Our team:



Work schedule:

- I worked from Monday to Friday, from 10am to 16pm
- Every morning I put my personal items in the locker
- During the morning I usually tidy the items and the objects inside the shop and I apply the labels.
- At 13:30 I have my lunch break
- In the afternoon I apply the labels to the items and then iron them



Autonomy

Finding solutions without always waiting for direct instructions and be able to complete a task on my own

Store layout management:

Organize the spaces and arrange the objects according to my personal taste to attract the attention of customers.

Proactivity

Be able to take the initiative in order to improve the store

Using steam and till

During this weeks I learnt how to use the steam to iron the items and the till to give change and the receipt

Communication and listening

Be able to communicate with customers to satisfy their requests, and with coworkers to collaborate.

Quality control

Be able to check the condition of the items before putting them on sale

Collaboration

Be able to work together to manage daily store activities, such as stock management, cleaning and customer assistance.

What I learn about the word of work?

- collaboration
- adaptability
- attention
- flexibility
- know how to relate
- challenges and difficulties

Skills and LEARNING

POSITIVE ASPECTS

Meet new people

During this weekend I met new people and I established friendships with some coworkers

Learn new things

- I improved my language skills by communicating with others
- I learnt how to use some particular objects, like till and steam
- I learnt how to handle the challenges:
 1. staying calm and focused
 2. ask for help when needed
 3. stay adaptable and open to new approaches.

NEGATIVE ASPECTS

No work moments

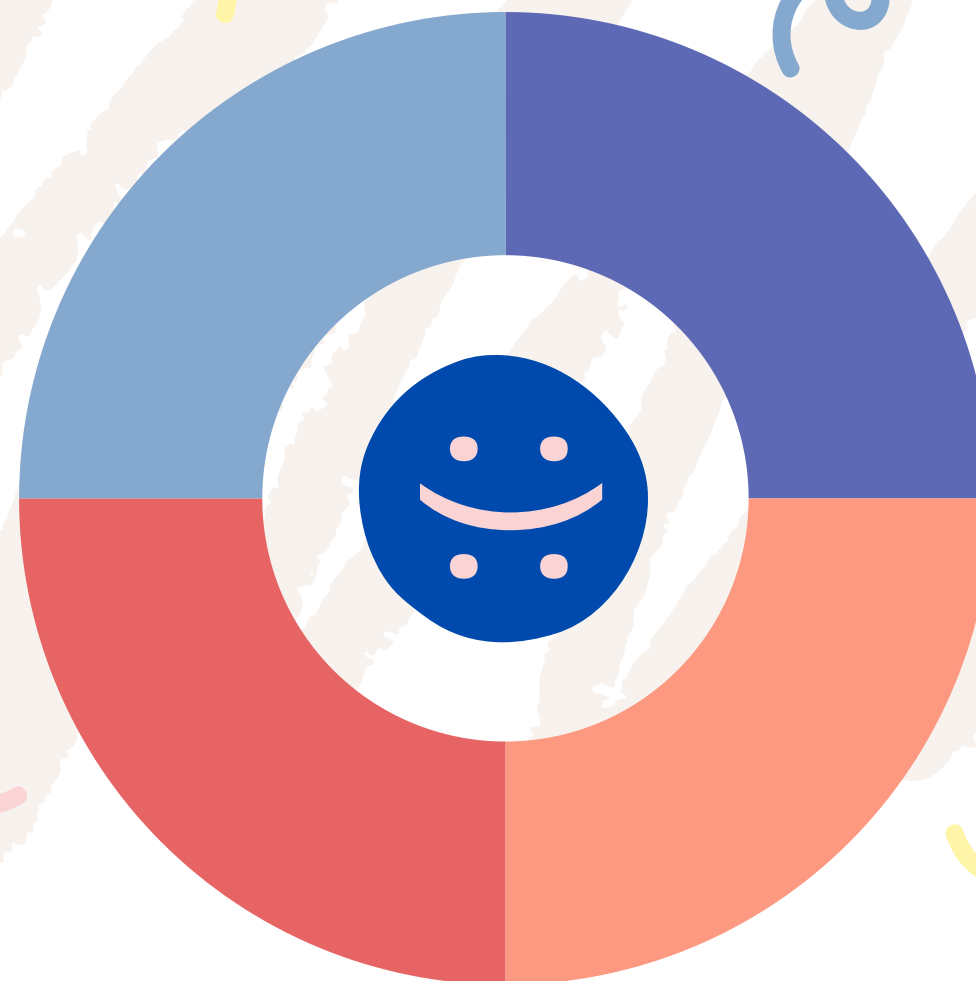
moments when there wasn't much to do in the store

Rude customers

Sometimes entered in the store rude customers that only want to complain

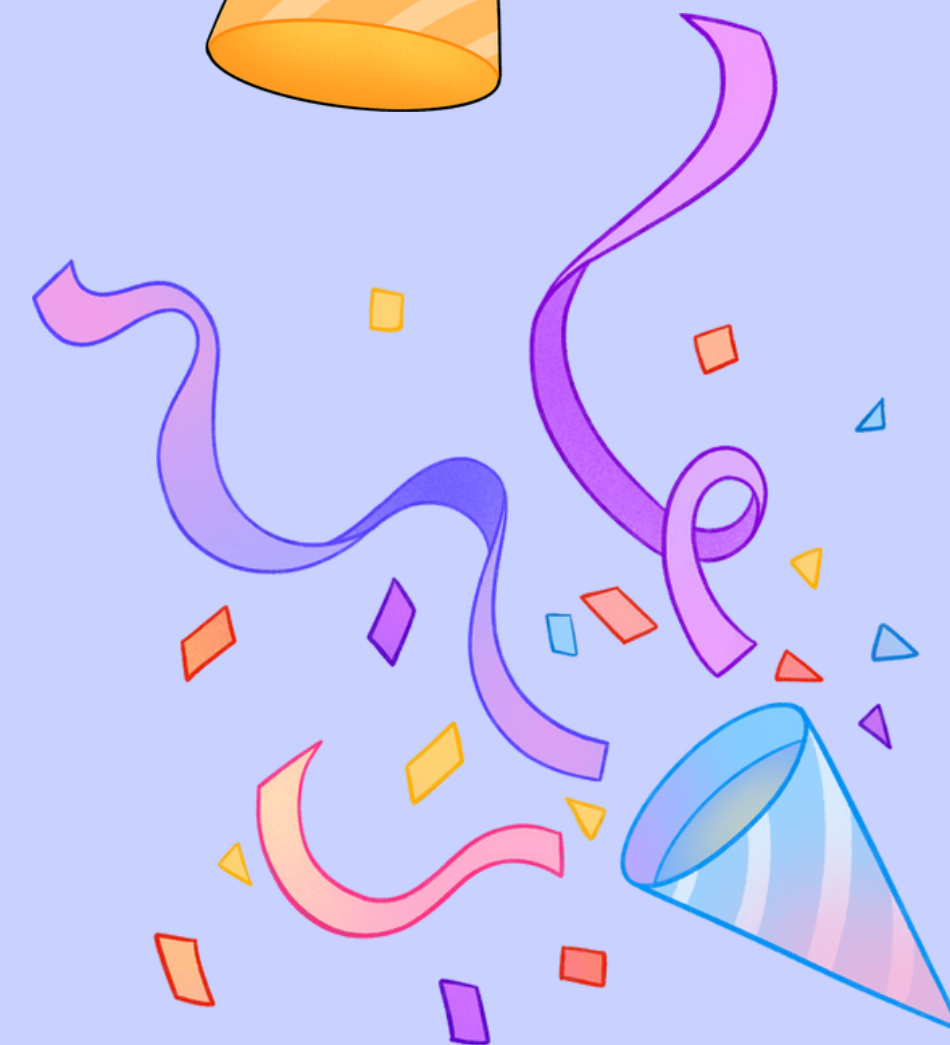
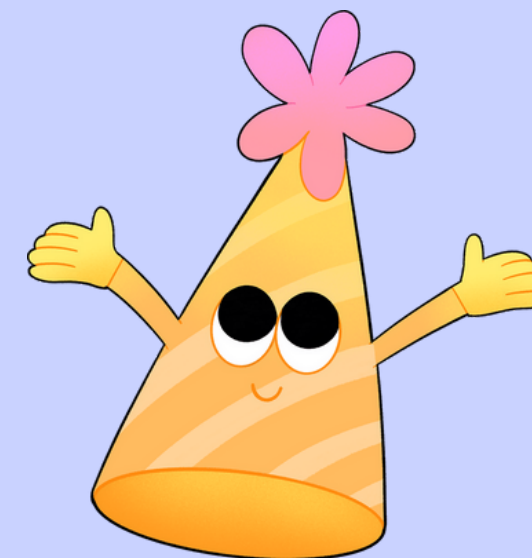
Be sick

When you don't feel very well so you can't do your best



best memory is...

MY BIRTHDAY



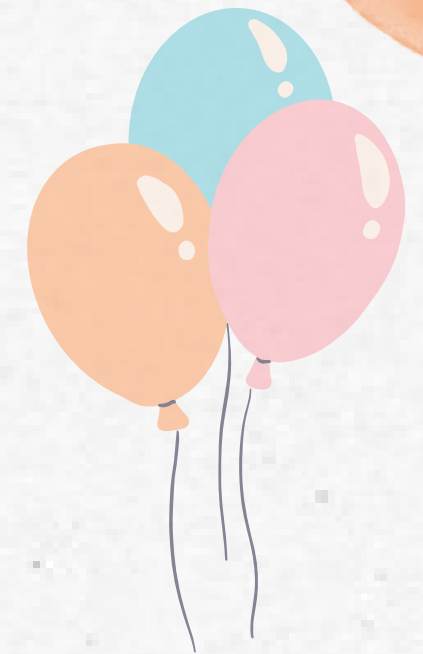
One of the memories that I will carry in my heart forever will be my eighteenth birthday. My host family and my friends made that day memorable and made me feel special. I will never forget the effort they put into preparing the party and the emotions I felt that day.

On the evening of July 29, Yvonne (my host mum) prepared various dishes for dinner. There were sushi, spicy chicken, vegetables, sauces, sausages, fried chicken and more

We waited until midnight with some friend and then ate cake

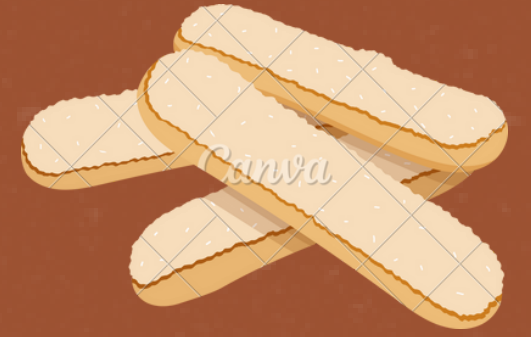
Also in my work place my manager and coworkers had prepared a little surprise for me; they bought a cake and sang happy birthday in front of the customers.

Finally, to round off, we celebrated at the Waterford Casino with all the students came to Ireland with the Erasmus project.



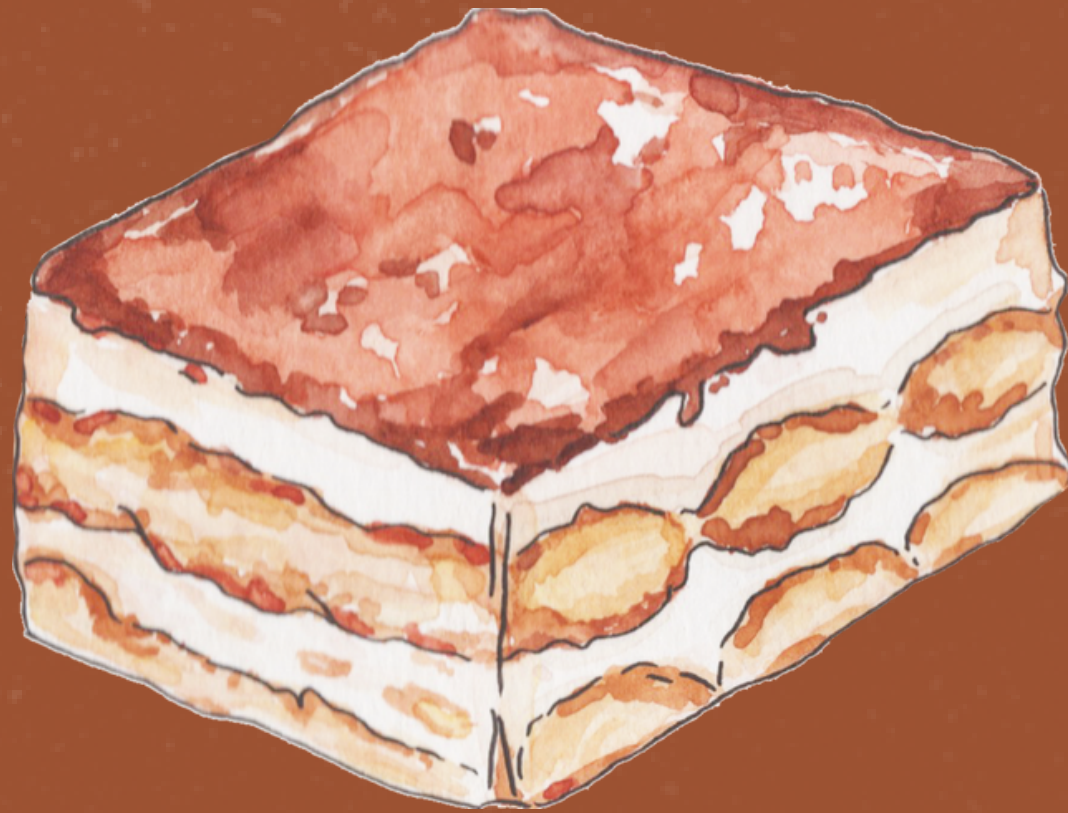
FUN MOMENTS WITH MY FRIENDS:

Prepare the Italian Tiramisù



INGREDIENTS

List of ingredients needed to make tiramisù:



- 5 spoons of sugar
- 5 Egg
- savoiardi
- Powder cocoa
- 500 g of mascarpone
- 250 g of ricotta
- coffee



one evening my friends and I decided to prepare tiramisù
for our host family to taste. After some small initial
difficulties we finally managed to prepare a delicious
dessert. We did team work and was very fun



Let's Go



Go-KARTING

One of the most funny moment was going to go-karting. This experience was fantastic. I had never driven a go kart before and I have to say I do pretty well

- **How this experience help ed my personal development?**
- **What I learned about myself?**
- **How will this help me in a future job or my career goals?**

- I became more self-sufficient
- I overcome some of my fear, for example the fear to stay away from home for a long period of time

- I know how to get involved
- I can overcome difficulties
- I can get out of my comfort zone

- I became more adaptable
- I became more stronger
- I have developed new skills

- I enjoy learning from different cultures
- I'm more adaptable and stronger than I thought

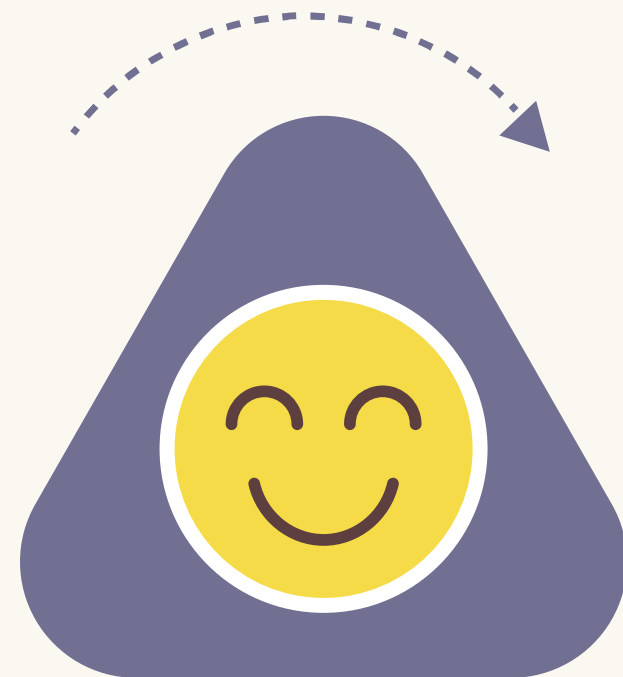
- International experience
- Open-mindedness
- Responsibility management
- Development of intercultural skills
- Values and social awareness
- Communication

WOULD I RECCOMENDED THIS EXPERIENCE?



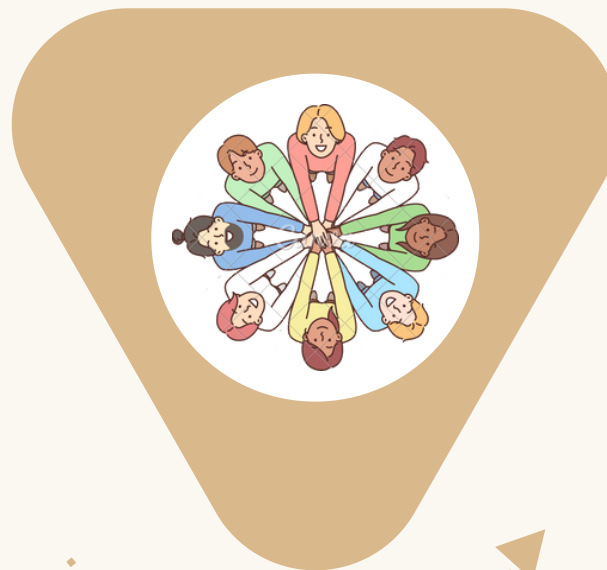
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TOP

SURE!



You can have
fun

You can find
new friends



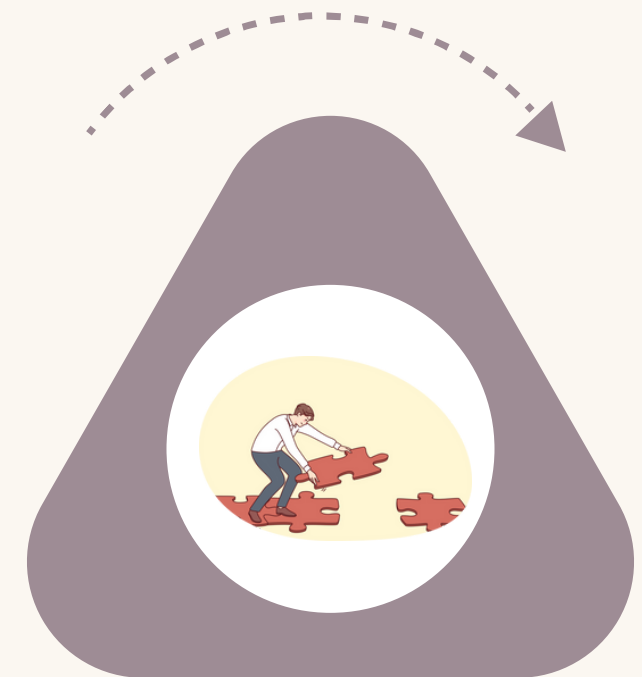
You can see
new places



You can have new
experiences



You can get
involved



Thanks to...

my host family which made this experience unforgettable, my friends who were by my side in moments of joy and difficulty and the people who worked with me who allowed me to grow and improve myself

